

University of Toronto Panhellenic



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PNM Issue

Hello Again!

Thank you to everyone who has signed up for our Fall 2023 Primary Recruitment. We all can't wait to see you once school starts and want to make sure you understand what it means to be in a Panhellenic Sorority. We will be sending you all newsletters weekly with different topics to help you out on this journey! On our social medias, we have posted a Panhellenic Recruitment Video where you can find some fun moments from all the chapters here at UofT!

[@uoft.sororities](#)



- **Gina Pulniselli - Maya Lane-**
Panhellenic Exec 2023

Highlighting Philanthropic Events!

In this issue of our newsletter's, we wanted to inform all of you about each chapter's main philanthropic event along with the total amount of money raised by the Panhellenic Community last semester! All information comes directly from an active member of the chapter!



- Jennifer Truong - Tatiana Umana -
Panhellenic Exec 2023

DELTA DELTA DELTA

"Tri Delta was founded as a society that is "kind alike to all", and through our philanthropy, we keep the vision of our founders alive. As Tri Deltas, we are passionate about serving others, and our passion is evident through our commitment to philanthropy. Our philanthropic mission is to change the way the world treats and defeats childhood cancer through our work with the local Toronto hospital, Sick Kids, and through our national partnership with St. Jude Children's Hospital, located in Memphis, Tennessee. Tri Delta has been in partnership with St. Jude for 25 years, where we pledged to donate \$100 million dollars, and as of now we are only \$7 million away! In honour of our dedication to St. Jude, the hospital named its on-campus, short term housing facility after our sorority, known as Tri Delta place. Last month, 2 of our members were given the opportunity to go to Memphis to visit the hospital!"

TRIDELTA CONTINUED...

"At Canada Alpha, our main fundraising events have been renowned as Tri Delta traditions. In the fall, we host DHOP, otherwise known as Delta House of Pancakes. At this event, we run our own pancake business for the night by making pancakes for the community! In the winter, we participate in Sincerely, Yours, a letter writing campaign sent to family and friends to individually raise money for our philanthropy.

Tri Deltas are dedicated to helping children live, scientists learn, and aid St. Jude in furthering their mission of finding cures for childhood cancer and other life threatening diseases. When we participate in our philanthropic events, a bond is created between Tri Delta's, connecting us and each other with our values of truth, self-sacrifice, and friendship."

ALPHA PHI

"Heart Week is Alpha Phi's signature philanthropy event and it takes place every year during the week of Valentine's Day! It's a super fun week of events, some of which change from year to year. Recently we've done Candy Grams, King of Hearts, Therapy Dogs, Dessert Night, Merch Sales, Yoga Classes, and a Nike 5K run! All of the money raised during this week goes to the Alpha Phi Foundation and/or the Heart & Stroke Foundation, and all donations to Heart & Stroke during this month are matched and so our contributions are doubled. In addition to Heart Week, we host other one-off events during the Fall and Winter Semesters, such as Mac and Phis, our collaboration with Phi Gamma Delta to raise money for the March For Our Lives organization. Our philanthropy events in Winter 2023 raised over 3000 dollars before any matching!"

ALPHA GAMMA DELTA

"In Alpha Gamma Delta, we live out our Purpose, which includes the line, "To welcome the opportunity of contributing to the world's work in the community where I am placed because of the joy of service thereby bestowed, and the talent of leadership multiplied." This means that we are passionate about our philanthropic focus, Fighting Hunger! Every year, we host two events to raise money for the Alpha Gamma Delta Foundation, which provides grants to local organizations who work to Fight Hunger. Last year, we hosted Spooking Hunger in the Fall where we turned our chapter house into a haunted house for Halloween. Every spring, we host our signature philanthropy event, Foods of the World, an all-you-can-eat event showcasing cuisine representing the cultural diversity of our members. We are proud to have raised \$1,255 for the Alpha Gamma Delta Foundation's Fighting Hunger grant program in 2022-2023."

AGD CONTINUED...

"In addition to fundraising, we provide many opportunities for our members to participate in community service. Monthly, we volunteer at Friday Food Ministry at St. Thomas Church, preparing and serving hot meals to people experiencing homelessness in our community. The second week of February is Alpha Gam's annual Week of Service, where we hold daily service opportunities to give back to our communities. Philanthropy is something that our chapter values deeply, and we can't wait to talk to you about it at recruitment!"

KAPPA KAPPA GAMMA

"Kappas are always looking for opportunities to dream boldly and live fully. What better way to do that than pursuing Mental Health Awareness as our philanthropy and to make a positive impact in our community. Last year our chapter had two philanthropy events to raise awareness for mental health amongst youth and to raise funds for the Jack.Org Foundation. Our fall philanthropy event, Kappa Winter Olympics, and spring event, Kappa Karnival, consisted of themed games, prizes and snacks for all visitors. We were ecstatic by the support from the Greek Life community and their contributions. Together, we raised over \$4000 for the Jack.Org Foundation!

With a cause that can hit close to home for the sisters of Kappa Kappa Gamma, we are motivated to continue advocating for mental health awareness. We are so excited to see what this year has in store for us!"

PI BETA PHI

"Pi Beta Phi's philanthropy is centred around literacy. Our philanthropy, Read > Lead > Achieve, aims to foster a lifelong love of reading in order to create a more literate and productive society. We aim to empower individuals through literacy. Our Philanthropy events include: United for Literacy (we work with local elementary students in a mentor relationship to them promote a lifelong dedication to education!), Pie a Pi Phi (our annual philanthropy event to raise money for Indspire), and many other events such as book drives or carnation sales in the pursuit of promoting literacy and philanthropic service to others!"

GAMMA PHI BETA

"Gamma Phi Beta's philanthropic focus is Building Strong Girls! We are committed to improving the lives of young girls by not only building stronger girls, but stronger communities through them. Our philanthropic partner, Girls on the Run, is a nonprofit organization that allows our membership to actively live our philanthropic focus of Building Strong Girls through hands-on service and charitable giving.

Gamma's main philanthropic event that we host during the academic year is Moonball! This event is super meaningful to our sorority as every chapter of Gamma Phi Beta across North America hosts their own Moonball event each year, making it our signature event! Every year we host a volleyball tournament at Hart House, and each Greek house is encouraged to register a team to compete and raise funds for Girls on the Run! It's a super fun way to raise money for philanthropy, get to know other members of the Greek community, and to stay active and healthy!"

Gamma Phi Beta was able to raise just under \$4000 in this past 2022/23 academic year!

Website Updates!

If you have any questions or want to see what chapters we hold at U of T, head over to our website! There is info about chapters, delegates, and Panhel exec! Feel free to reach out to anyone on our exec board or just directly message our instagram and we will get back to you as soon as we can :).

[Website](#)

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